

We can help with any of these and much more!



# DIGITAL ACCESS

Providing a FREE service to help you get online





The Northeast Essex Digital Access Support Team (NEE DAST) provide a **FREE** service that helps individuals gain basic skills and confidence they need in order to use today's technology.

This support is via online and in-person activity, including chat & support sessions, ad-hoc one-to-ones, group gatherings, tutorials, and workshops.

They can also be found providing support at local surgeries within both boroughs.

The Digital Access Project is provided to you on behalf of NEE Integrated Care System (nee CCG), Tendring District Council and Colchester City Council, these organisations provide the funding so that their residents and patients alike can gain the skills to maintain some safer, healthier, and better online choices.

They can help with:

- Understanding how your device works
- Being safe, legal, and secure online
- Using social media and other communication apps
- Online shopping and Online banking
- Accessing and using Council Services and GP Services
- Uploading and downloading applications

And much, much more, get in touch today and ask us about anything you may need some guidance on, the team are here to help.



### **Contact us**



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